



Lunch Menu

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	4	6
Baked Chicken Mashed Potato WG Breadstick Mashed Potatoes Steamed Broccoli	*Baked Macaroni & Cheese WG Dinner Roll Roasted Carrots	<u>Breakfast for Lunch</u> *Pancakes, Syrup, Chicken Sausage, *Scrambled Eggs Steamed Corn	*Grilled Cheese Tomato Soup Garbanzo Beans Steamed Cauliflower	*Baked Ziti with Marinara Sauce WG Dinner Roll Roasted Broccoli
9	10	11	12	13
Chicken Patty on *Roll Red Pepper Strips Steamed Corn	Roasted Carved Turkey Corn Bread Mashed Sweet Potato	Beef Tacos Lettuce *Cheddar Cheese Steamed Brown Rice Kidney Beans	Turkey Chili Brown Rice Celery Sticks	*Chicken Parm Pasta WG Breadstick Garden Salad Steamed Peas
16	17	18	19	20
Spaghetti with Beef Soy & Milk *Meatballs WG Dinner Roll Spinach Salad	Baked Chicken Mashed Potato WG Breadstick Mashed Potato Steamed Carrot Coins	*Baked Macaroni & Cheese WG Breadstick Caesar Salad	Beef Soy & Milk *Meatball Hero Topped with *Mozzarella Cheese French Fries	Chicken & *Cheese Quesadilla *Sour Cream & Salsa Green Peppers & Onions Black Beans
23	24	25	26	27
Pork (P) Tacos Lettuce & *Cheddar Cheese Brown Rice Butternut Squash	Chicken Fajitas Green Peppers & Onions *Cheddar Cheese Brown Rice	Baked Crispy Chicken *Buttery Biscuit Roasted Potato Steamed Broccoli	Turkey & Bean Burrito *Cheddar Cheese Steamed Corn	*Grilled Cheese On WG Bread Tomato & Cucumber Salad
30	31			
 School Closed	*Baked Macaroni & Cheese WG Breadstick Spinach Salad	<u>Adult Breakfast Meal</u> \$3.00 (including tax) <u>Adult Lunch Meal</u> \$5.50 (including tax)		Lunch and Breakfast meals are FREE for All students for the 2021-22 school year

Offering Daily

- ***ACTION STATION**-Sautéed Fresh & Hot! Noodles with vegetables and/or chicken or tofu made to order
- ***SMOOTHIE STATION**- Yogurt blended with fruit and Granola on the side
- ***DELI STATION** - Made to Order Sandwiches with Boars Head Meats and Cheese
- ***GOURMET PIZZA STATION**-Specialty Pizzas Daily along with Cheese, Pepperoni (P), Calzones and more
- ***Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun
- ***SALAD STATION**- choice of various offerings with Dinner Rolls
- ***DAILY VEGETABLES**- Carrot Sticks and Cucumber Coins offered daily

All Meals include: Entrée, 1 cup of Vegetables, Bread/Grain (All grains served are whole grain) , Fresh Fruit (choice of apples, oranges or bananas) and a choice of Milk (Fat Free White, Chocolate or 1% Milk, No rBST and No Artificial Hormones)

All Snacks and salad dressings are **FREE** from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Local Produce used throughout the month when available from local NJ/NY Farms. A Gluten Free Meal is available with 1 day notification

Breakfast menu: Omelets Made To Order, Egg Sandwiches, Bagels, Cold Cereal, Muffins and More!

Breakfast is available 7:30 am to 9:30 am daily

[Click here](#) to see the Selection of Ala carte healthy Snacks and beverages with prices.
These items require payment at the register or funds on account with MySchoolBucks.

